

Harvard Public Schools

www.psharvard.org

Nursing Services

14 Mass Ave.
Harvard Ma 01451
(978) 456-4123

Bromfield Fax (978) 456-3013

Dear Parents/Guardians,

A scoliosis-screening program will be conducted to detect postural problems starting in January. This is not a diagnostic service. It is screening for potential postural problems, which sometimes needs medical treatment and are detected in this age group. All students, grades 5-9 are mandated by the Massachusetts Department of Public Health to be checked. If your student has had a physical exam this year, your physician may have already checked his/her spine. A proof of this exam must be placed in the school health record.

The procedure for the screening is a simple one in which the student's back is checked by the nurse or other trained individual. If your student has any possible curvature of the spine you will be notified and asked to take him/her to your primary care physician for further evaluation.

This screening will be done during Physical Education class. All students will need to wear clothing that will easily allow the nurse to look at their backs. Girls are asked to wear sports bras or bring a two-piece bathing top to school that week in order for more accurate observation of their back.

Please sign and return the form below if you wish your child to be **excluded** from this screening program. **You must attach a copy of a doctor's note or physical exam (even if you have already sent it in), stating that he/she has been screened for scoliosis within the last 12 months if you choose not to have your child screened at school.**

Sincerely,

Colleen Nigzus, RN
School Nurse

POSTURAL SCREENING: Return or Fax to the School Nurse's office.

I do **NOT** want my child _____, Grade _____,
to participate in this screening program. **I am attaching a copy of a current physical .**

Parent/ Guardian Signature

Date