

Harvard Community Education

39 Massachusetts Avenue
Harvard, MA 01451
978-456-4118
jcavanaugh@psharvard.org

FEATURES

Meet the Staff:

Director Susan Silver, Varsity Field Hockey coach at The Bromfield School for 31 years, former Physical Education Teacher at Bromfield.

Dr. Julie Horton, Bromfield School Teacher, Middle School Field Hockey Coach

Lisa Valardi Moreau, Teacher and coach, currently Head Coach at WPI, 8 years as Head Coach at Fitchburg State College, 9 years as Head Coach at Narragansett Regional. CMFHCA Coach of the Year 2002 & 2006.

Brenda Sullivan, Head Coach, Maynard High School.

Tricia Nicholson, Assistant Coach, Auburn High School

Jamie Mariani, Head Coach, Nashoba Regional High School.

Note: Coaching staff may be subject to changes/substitutions

Please know that it is the policy of the Harvard Public Schools not to discriminate on the basis of race, color, sex, gender identity, religion, national origin, age, disability, or sexual orientation in its educational programs, activities or employment policies as required by Title IX of the 1972 Educational Amendments, Chapter 199, and Section 504 of the Rehabilitation Act of 1973. The district compliance coordinator is Marie Harrington, Director of Pupil Services, 978-456-4143.

Grades 2-6

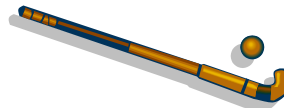
Focus will be on individual skills and learning the game. Players will have a chance to learn and play different positions.

Grades 7-12

Focus will be on individual skills and each player will be taught at their level. Players will work on developing skills required for different positions. Players will be involved in small group games as well as full field.

**Registration can be done online or Mailed/delivered to:
Harvard Community Education/Spectrum
39 Massachusetts Avenue
Harvard, MA 01451**

Checks payable to: **Town of Harvard**
Or pay online through **Unibank***
www.psharvard.org, Online Banking Center (use the Community Education, Summer Spectrum option). If paying online, email Payment Confirmation number to:
jcavanaugh@psharvard.org



Refund Policy: Tuition is non-refundable. Checks will be returned only if a class is cancelled.

JUMP-START FIELD HOCKEY

**Directed by Susan Silver,
Varsity Field Hockey
coach at
The Bromfield School
for 31 years.**

\$139
Sign up early and SAVE \$10
(by June 14, 2019)



Monday, Tuesday, Wednesday
August 19, 20, 21

Grades 7-12 9 a.m.-3 p.m.

Grades 2-6 9 a.m.-3 p.m.

Grades 2-6 *Half day option*
9 a.m.-Noon.

Harvard Community Education
978-456-4118
jcavanaugh@psharvard.org

2
0
1
9



JUMP-START FIELD HOCKEY 2019

Typical Day Schedule

(subject to change)

Different drills and strategies will be used each day.

- 9:00-9:15 a.m. — Check in and Warm-up
- 9:15-10:00 a.m. — Passing and Dribbling Fundamentals
- 10:00-10:45 a.m. — Positions & Positioning strategies (Gr 7-12)
- 10:45-11:30 a.m. — Games
- 11:30-12:15 p.m. — Defensive and Scoring Strategies & Shooting and Stopping drills (Gr 7-12)
- 12:15-12:45 p.m. — Lunch Break*
- 12:45-1:30 p.m. — Stations, focusing on Individual skills
- 1:30-3:00 p.m. — Games

*Please bring a bag lunch; water will be available.

Equipment to bring: mouth guard, stick, sneakers, extra socks, cleats and water bottle. Mouth guards will be available for sale for \$1.00 each. If needed, a few sticks will be available to borrow.

Please Note: Students should consider themselves enrolled unless otherwise notified. Please contact the Community Education office if you have any questions.



Name: _____ Age: _____

Grade Fall 2019 : _____ School: _____

Field Hockey Experience _____ Position _____

Home Address: _____

Parent Phone (Best Contact): _____ Parent Alternate Phone _____

E-mail, print clearly _____

Parent(s)/Guardian(s): _____

Emergency Contact & Phone: _____

Physician: _____ Physician Phone: _____

Medical Plan and Number: _____ Allergies: _____

Note: T-shirts are ordered in advance for those who register by July 12, 2019

T-Shirt Size Please Circle one: Youth Large Adult Sizes: Small Medium Large X-Large

August 19, 20, 21, 2019

Gr 3-6 & 7-12 9:00 a.m.—3:00 p.m. Tuition: \$139*

Gr 2-6 Half-day option: 9 a.m.-Noon \$90*

*** SAVE \$10—Sign up by June 14, 2019 and take \$10 off the fee!**

I, the undersigned, attest that I am the parent/guardian of the child named on this registration form who will attend the Community Education program, Jump-Start Field Hockey and allow him/her to participate. I agree to indemnify and hold harmless the staff, administrators, and official assistants and to absolve them from any and all liability arising from my child's participation in this activity. I authorize the directors of Jump-Start Field Hockey To act for me according to their judgment in any emergency requiring medical care and attention to the minor listed on this form.

I have read and am fully aware of the Refund Policy of Harvard Community Education program.

Signature of Parent/Guardian

Date