

Parent Workshops

2007

6:30 TO 8:00PM TBS LIBRARY

October 4, 2007

Recognizing and Deterring Substance Abuse in Teens

- a. *Signs/Symptoms*
- b. *Progression of the Substance Use "disease"*
- c. *Educating and Intervening with Teens*

November 15, 2007

Bullies and Victims: Research on Intervention & Prevention

- a. *The cycle between Bully & Victim*
- b. *The long-term effects of Bullying to Bully and Victim*
- c. *Why children bully*
- d. *Interventions that work*

December 13, 2007

Improving Executive Functioning (Organization) with kids at home

- a. *What is it and who needs strategies for improvement?*
- b. *The Brain Chemistry of Executive Dysfunction*
- c. *External Functioning Strategies*
- d. *Internal Functioning Strategies*
- e. *What parents can do*
- f. *What students can do*

Parent Workshops

2008

January 10, 2008

Learning Disabilities; Impact on Self-Esteem and Self-Image

- a. The 7 major disabilities: Profiles of children & adults
- b. Frustration versus Opposition in a child
- c. Socialization and Adult Outcome
- d. Establishing Mastery versus Achievement
- e. How parents can help improve focus and motivation.

March 13, 2008

Recognizing and Acting on signs of Anxiety/Depression in Teens

- a. *Signs and prevalence of Anxiety, Depression, and Both.*
- b. *The Brain Chemistry of Affective Conditions*
- c. *Treatment methods for Affective Conditions*

April 10, 2008

Working with Teens and the College Application Process

- a. *The basic steps of exploring colleges to match a student's needs.*
- b. *Streamline the application process (400 essays or 10?)*
- c. *Identify resources: applications, financial aid, college 504 services*
- d. *Getting started: the student with no idea what area to pursue.*

May 15, 2008

ADD in girls versus boys

- a. *The differences between girls' and boys' symptoms*
- b. *The subtler symptoms and their impact on functioning*
- c. *Overcoming symptoms (Strategy and/or medical treatment)*
- d. *Co-existing conditions (Comorbidity)*
- e. *The effects of early versus late intervention.*

*Topics and dates subject to change.